



25TH NAVAJO NATION COUNCIL

25TH NAVAJO NATION COUNCIL OFFICE OF THE SPEAKER

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FOR IMMEDIATE RELEASE

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Community turns out for 4th Annual 5K Run/Walk promoting cancer awareness



4th Annual 5K Run/Walk hosted by Council Delegate Brenda Jesus during the 25th Navajo Nation Council 2026 Summer Session.

WINDOW ROCK, Ariz. — On July 23rd, community members demonstrated support for cancer awareness by participating in the 4th Annual 5K Run/Walk hosted by Council Delegate Brenda Jesus during the 25th Navajo Nation Council 2026 Summer Session. The event drew a large turnout as families, runners, and walkers participated under the theme, “Strong Steps Towards Miles of Hope. Together Against Cancer.”

Held at the Window Rock Fairgrounds, the event emphasized community wellness, cancer awareness, and solidarity with individuals and families affected by cancer. Participants of all ages gathered for the evening event despite persistent rain, reflecting the community’s commitment to supporting one another and raising awareness about the importance of prevention, education, and hope.

“Seeing our community come together despite the rain is a powerful reminder that cancer touches every family, but it does not diminish our strength or our compassion. Every participant who walked or ran tonight helped send a message of hope to those battling cancer and honored the loved ones we have lost. Together, we continue building a healthier and more united Navajo Nation,” said Council Delegate Jesus.

The annual event highlighted the importance of encouraging healthy lifestyles while creating opportunities for community members to stand in support of cancer survivors, patients

undergoing treatment, caregivers, and families who continue to face the challenges of the disease. The strong attendance underscored the resilience of the Navajo people and the willingness of community members to rally around causes that strengthen public health and wellness.

Delegate Jesus thanked participants, volunteers, event organizers, sponsors, and public safety personnel whose efforts ensured the event's success. She also encouraged continued community involvement in future health and wellness initiatives that promote early detection, education, and support for those affected by cancer.

The 4th Annual 5K Run/Walk demonstrated that even inclement weather could not deter participants from advancing the shared message of hope, awareness, and unity in the fight against cancer.

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